

MENU

FOOD SERVED FROM 9AM – 3PM

Build a Bagel (Served with rocket and balsamic glaze)

- **Pick 1 Item - £6.0**
- **Pick 2 Items - £6.5**
- **Pick 3 Items - £7.0**

Bacon, smoked salmon (+£0.5), ham, avocado, halloumi, grated cheese, soft cheese, hummus, cucumber, tomatoes

- **Add a sauce:**

Homemade ketchup £.8, balsamic glaze £.8, mayo £.8, pesto £.8

Paninis (Served with rocket, tomatoes, balsamic glaze and Pipers crisps)

- **Pesto, mozzarella and tomato (V) - £7.0**
- **Ham & cheddar cheese - £7.5**
- **Chicken, mozzarella, red onion and chilli jam - £8.5**

Salads

- **Rainbow Salad** - Mixed leaves topped with couscous, chickpeas, sun dried tomatoes, pickled slaw, crispy onions and french dressing. Served with a side of sourdough (V) (VG) - **£7.5**
- **Chicken Caesar Salad** - Kos lettuce topped with chicken, croutons, parmesan, anchovies, crispy onions, lemon wedge and Caesar dressing - **£9.0**

Pancake Stacks

- **Maple and bacon** - Pancake stack with bacon, maple syrup and squirty cream - **£8.5**
- **Nutella and banana (V)** - Pancake stack with layers of nutella, topped with banana and chocolate sauce and served with squirty cream - **£7.5**
- **Lotus biscuit (VG)** - Pancake stack layered with Lotus biscuit spread, topped with Lotus biscuit crumb and vegan squirty cream - **£7.5**

Extras

Bacon rashers £1.2, smoked salmon £2, avocado £1.2, halloumi £1.2, homemade ketchup £.8, ham £1.2

Children's Portions (Sandwiches can be toasted)

- **Cheese sandwich**, side of cucumber, tomatoes and Pipers crisps (V) - **£4.5**
- **Ham sandwich**, side of cucumber, tomatoes and Pipers crisps - **£4.5**
- **Beans on toast**, side of cucumber and tomatoes (V) - **£4.5**

(V) vegetarian, (VG) vegan, (GF) gluten free

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Speciality Coffee

- Espresso - £2.5
- Espresso Macchiato - £3
- Cortado - £3.3
- Long Black - £3
- Americano - £3
- Flat White - £3.3
- Cappuccino - £3.3
- Latte - £3.4
- Mocha - £3.8

Tea By Storm - £2.7

- English Breakfast / Earl Grey / Chamomile / Ginger & Lemon / Green / Hibiscus & Rosehip / Peppermint / Rooibos / Decaf English Breakfast

Iced Coffee

- Iced Latte - £3.4
- Iced Americano - £3

Superfood Lattes (Hot or Cold) - £3.6

- Chai Latte
- Beetroot Latte
- Matcha Latte
- Turmeric Latte

KOKOA Hot Chocolate - £3.8

- White Ivory Coast
- Smooth Venezuela 58%
- Classic Ecuador 70%
- Dark Madagascar 82%
- Darkest West Africa 100%

From the Fridge

- Folkingtons Apple/Orange/Mango - £2.9
- Folkingtons sparkling elderflower / lemon & mint / rhubarb & apple / ginger beer - £2.4
- Fentimans Rose lemonade / cola - £2.5
- Karma Cola Can - £2.4
- Bottled still or sparkling Water - £1.5

Smoothies - £3.9

- **Coco Loco** - Mango, pineapple, coconut, lime and pineapple juice
- **Big 5** - Strawberry, mango, kiwi, pineapple and orange juice
- **Pash "n" Shoot** - Mango, pineapple, passionfruit and orange juice
- **Blueberry Flax** - Raspberry, blueberry, banana, flaxseed and orange juice

SWEET TREATS

All of our sweet treats are baked fresh at our Welton bakery, please be advised nuts and gluten are used on site! Have a look at the counter for today's offers.